**GUIDELINES FOR JOURNAL ENTRIES**

Every week you are required to submit a journal entry for the week.

**Purpose**:  To help you record ideas and/or events that have left a strong impression on you.  This record will allow you to look back and to see how your thinking and feeling processes have developed during over time.  Your journal entries will also help me to provide activities and/or readings for the further exploration of things that have interested you.

**Procedure**:

* Write your name and the date on your journal entry(Top Right Corner), write/type a page responding to the prompt, and submit it on the designated due date. Write in complete sentences and organize your thoughts in paragraphs. Be very detailed in your writings. I will be the only person to read these, so feel free to be as candid as you wish.
* Each Journal entry will be counted as a Test Grade and will be graded accordingly.
* For the first week of class we will make the exception of having the first journal entry written in class, rather than at home. **After the first journal entry, all others should be typed and submitted either in class on the due date or via email by midnight the night before the due date.** For example, if the due date is on a Thursday, you can turn it in Thursday at the beginning of class OR you can email it to me Wednesday by 12 midnight. THERE WILL BE NO EXCEPTIONS TO THIS POLICY! If it is not turn in on time using either of the above mentioned methods then you will not receive a grade. **NO LATE ENTRIES WILL BE ACCEPTED!**

Psychology Journal Entry #1

The two moments I’ll never forget in my life are… Describe them in great detail, and what makes them so unforgettable.